

**Proposed List of Activities for the Visit of Johannes and Regina Daxbacher of
the International Judo Federation (IJF),
Friday, August 11 to Tuesday August 29, 2023**

1. **Arrival, Fri. 11 August, 13:00, Piarco; Departure, Tue. 29 August, 12:00, Piarco (QPJC community)**
 - a. Ground transport for **ARRIVAL/DEPARTURE**
 - vehicle for extra luggage; driver to make time for airport delays
 - b. Mark can help with unscheduled/ad-hoc transport if needed
2. **Introductory Meetings A (German and Japanese Embassies) – formal courtesy calls**
 - a. Japanese and German Ambassadors
 - b. TTPS Officials

Introductory Meetings B (QPJC community) – less formal, to gain support for judo development in T&T

 - c. Business sector, NGOs
 - d. National Olympic Committee (TTOC) and National Federation (JudoTT)
3. **Workshop 1 for TTPS**

Location organised by **QPJC** and is specifically for representatives of the TTPS to discuss, but not restricted to, the following:-

 - a. the proposed training program
 - b. the importance of judo training for discipline, values and cognizance
 - c. judo for the de-escalation of volatile situations, its use as a tool for smarter conflict resolution and for reducing the use of excessive force
 - d. physical fitness of officers and prevention of injuries by learning how to fall
 - e. judo in police youth clubs as a bridge between the police and communities/children

20 people; 1^{1/2} to 3 hours duration
4. **Workshop 2 for Education Institutions**

Location organised by **QPJC** for Principals/Physical Education Teachers (primary, secondary and tertiary levels) and Sport Coaches to discuss, but not restricted to, the following:-

 - a. The proposed training program
 - b. The relevance of judo values to sports and the education system
 - c. Institutionalisation of judo in the education system
 - d. Training current Phys Ed Teachers to be Basic-level Judo Teachers
 - e. Diploma program(s) in judo to be offered at Tertiary level institutions

20 people; 1^{1/2} to 3 hours duration
5. **Workshop 3 for Women and Girls**

Location organised by **QPJC**. This would be for females only that may or may not be part of the training, but they should represent various aspects of society – law enforcement, medical, education, sport, etc. to discuss, but not limited to, the following:-

 - a. Problems they face as women in today's society in T&T
 - b. An assessment of these problems
 - c. Suitable solutions to these problems

10-20 participants; 2 sessions, 1-1^{1/2} hours each; facilitated by Regina DAXBACHER
6. **Training Sessions for Instructors (judo, TTPS, Phys. Ed., Sports Coaches)**

These are practical and theoretical sessions for six (6) days with one (1) session per day; each session will be divided into two (2) units. Judo Practical Training will be held at the QPJC Dojo and QRC for up to 20 participants at a time.

- a. For Judo Coaches in T&T, specially selected representatives (trainers) of the TTPS, Physical Education Teachers and Ministry of Sport Coaches
 - b. Length, content and structure of sessions are determined by the DAXBACHERS
 - c. Certificates to be presented to those that participate in training
7. **DEMONSTRATION** – An opportunity to promote judo to the public, officials of the Protective Services and media for 30-45 minutes. Also to highlight the effectiveness of judo for use in certain situations with demonstrations by the participants of the trainings. The venue could be at the Queen’s Hall, NAPA or a sports facility. 50m² of mats can be made available. This should be arranged (event promotion and facility acquisition) by **Embassies of Japan and Germany**
8. **DEPARTURE** – Tuesday 29th August

N.B.

- **A more detailed schedule of events will be prepared at a later date**
- **All ground transportation, including for arrival/departure and all other activities, is the responsibility of the QPJC community; however, assistance in this area from other entities is welcomed. Mark LITTREAN can help with unscheduled/ad-hoc transport when necessary**